

Ponca Public School
505 3rd Street, P O Box 568
Ponca, NE 68770
www.poncaschool.org
May Newsletter
2006



Superintendent Mr. Wineland...

We congratulate the Ponca High School Class of 2006. On May 12, they will be receiving their diplomas and are prepared to face new challenges. This class is an outstanding group of young people who have contributed much to our school and we are very proud of them. Best wishes to each member of the graduating class.

On Friday, May 5, the Elementary Track Meet will begin at 1:00 P.M. at the athletic field. All of the classes in kindergarten through sixth grade will be involved in these activities.

The secondary teachers are needed to help with the events scheduled that day. For that reason, students in grades 7 through 12 will be dismissed at 1:00. However, the buses will not run their routes until the usual dismissal time of 3:30. Secondary students who need to ride the bus will need to be back at school by 3:30 in order to board the buses.

In the event we have to postpone the track meet due to weather conditions, THERE WILL BE NO EARLY DISMISSAL on the 5th. The rain make-up day will be Monday, May 8th. If the track meet is moved to the 8th, the secondary students will be dismissed at 1:00.

There has been a change in the calendar for the end of the year. The last day for students will be Friday, May 19, instead of Tuesday, May 23. This change is due to a number of reasons but primarily because of the students' outstanding performance in winning the Sportsmanship Trophy at the State Basketball Tournament in March.

In previous years, the last few days of school involved early dismissals. This year, however, we will have full days through Thursday and dismissal time for Friday, May 19, will be at 2:00. Lunches will be served each day that week, including Friday.

ON A PERSONAL NOTE...

I find that as I get closer to the end of my tenure at Ponca, I give my opinion a lot more and care less about people's reaction. Since this is the last newsletter article I write, it is also my last chance to give my opinion on the condition and the future of Ponca School.

The citizens of the Ponca School District think they have divided themselves into two camps; the ABC group and the Committee for Kids group. These, however, are not the two groups of people who have influenced the past bond elections and dictated that Ponca School remain an outdated and poorly functional school facility. The two groups who make up our school district are those citizens who care about Ponca School and those who don't. The people who don't care, who won't support any bond referendum, who spread lies and rumors and doubt have won and they will continue to win until the people who genuinely care about our school district figure out a way to reach a consensus. To those leaders of the ABC group and the leaders of the Committee for Kids, I challenge you, I urge you, I implore you to pull your heels out of the sand where you have dug them and work together to find a solution. Quit listening to those who oppose all solutions AND those who only support one solution. 400 kids are waiting for the community to build them a new school.

The students and the staff are losing patience and becoming disillusioned about the community's support and the future of Ponca School. Some of these people will find their own solution--only it will be in another school district if this one doesn't take responsibility to solve the problem.

From the Principal's Pen....Ms. Rinas

On Wednesday, May 3, Amanda Kneifl will be traveling to Sioux City to participate in the "Best of Class" taping. Amanda along with other top students from Nebraska, South Dakota and Iowa will be recognized and featured on KCAU-TV throughout the graduation season. Congratulations are extended to Amanda for achieving the "Best of Class" honors and representing Ponca Public School!

Thursday, May 4, is the Academic Honors Program. Students in grades 7-12 will be recognized for their achievements in academics, FBLA, National Honor Society, Student Council, and as class officers. Please join us at 7:30 p.m. in the west gymnasium for the 2006 Academic Honors Program.



GRADS

Check-out the semester testing schedule printed in this newsletter. Semester tests will be administered May 17, 18, and 19. Students in grades 9-11 who have an 85% or better grade average in a class and have not exceeded the allowable eight absences for second semester are exempt from writing semester tests in the qualified classes. During semester testing days, students who meet the criteria may be released from their semester testing periods with a parental note. Grades 9-11 students may also be released from study halls with parental permission, during semester testing days.

The countdown is on for the class of 2006. Friday, May 12, the graduation ceremony will begin at 7:00 p.m. for the Ponca High School senior class. Each member of the class is commended for his/her academic and activity achievements and wished a bright future as post high school plans are pursued.



LUNCH ACCOUNTS

Please try to close-out your family lunch account at the end of the school year. If you need to add money to your account, please send only enough for the remainder of the year. With our new accounting system and with the family accounts we now use, money that is left in your account will remain there and will be carried over for the next school year. We would prefer, however, that you try to spend all of the money that is in your account so we can close the account for the summer. Unless a family is moving out of the area and/or the students will not be returning to Ponca School, we will not issue refunds.

TO ALL PARENTS OF STUDENTS ENROLLED AT PONCA PUBLIC SCHOOL

As a parent of a student at Ponca School, you have the right to know the professional qualifications of the classroom teachers who instruct your child. Federal law allows you to ask for certain information about your child's classroom teachers, and requires us to give you this information in a timely manner if you ask for it. Specifically, you have the right to ask for the following information about each of your child's classroom teachers:

1. Whether the Nebraska Department of Education has licensed or qualified the teacher for the grades and subjects he or she teaches.
2. Whether the Nebraska Department of Education has decided that the teacher can teach in a classroom without being licensed or qualified under state regulations because of special circumstances.
3. The teacher's college major; whether the teacher has any advanced degrees and, if so, the subject of the degrees.
4. Whether any teachers' aides or similar paraprofessionals provide services to your child and, if they do, their qualifications.

If you would like to receive any of this information, please contact the Superintendent's Office.

The Ponca Public School requests your help in locating handicapped children. The school implements the Federal Handicapped Children's Act (PL 94-142) and Nebraska statute which guarantees a free appropriate educational program for all children between birth and 21 years of age. If you have students or know of any young person who meets these criteria, please contact Superintendent's office.

CONGRATULATIONS!!

Amanda Kneifl
KCAU-TV
"Best of Class"





Golf Camp
Ponca Highland Oaks Golf Course
June 5-June 16, 2006
Coach, Dave Huston



Girls - Grades 6-12-----June 5th-9th
10:00 a.m. to 12 noon

Boys – Grades 6-8-----June 12th-16th
11:00 a.m. to 1:00 p.m.

Girls/Boys- Grades 3-5-----June 12th-16th
9:00 a.m. to 11:00 a.m.

We will go over full swing, putting, basic rules, and etiquette. Flyers will be available in the business office at the school or in the clubhouse at Highland Oaks Golf Course.

The camp will be conducted by Coach Dave Huston, Ponca boys' golf coach.

If you have questions please contact Adam Sprakel, Highland Oaks Golf Course: 755-4222 or Dave Huston, Ponca School: 755-2241 or 755-2681.



PONCA WRESTLING CLUB CLINIC

**JUNE 19th
& 20th**

**Cost: \$24.00
per wrestler**

SESSION 1

K-6th Grade Wrestlers (5TH -6TH Novice) 9:30-11:30am

SESSION 2

5-12th Grade Wrestlers (5TH-6TH Experienced) 12:30-3:30

Ponca High School Auditorium (East Gym)

Clinic will feature:

Kenny Schumacher, State Qualifier Vol. Asst Coach @ Randolph
Jared Pickett , NAIA National Qualifier, Morningside Wrestler

Make Checks Payable to: PONCA WRESTLING CLUB

Mail To: Keith Trusty, Ponca Wrestling Coach
 58812 8845 Road, Ponca, NE 68770
 PH.402-755-2319 email: ktrusty@esu1.org

IN CONSIDERATION OF PARTICIPATING IN THE PONCA WRESTLING CLUB CLINIC BY SIGNING THIS ENTRY, I HEREBY FOR MYSELF, MY HEIRS AND EXECUTORS, DO WAIVE AND RELEASE ALL CLAIMS FOR DAMAGES AGAINST THE PONCA WRESTLING CLUB, PONCA PUBLIC SCHOOLS, THE CITY OF PONCA, ALL AGENT REPRESENTATIVES (COACHES) AND ASSIGNS, FOR ANY AND ALL INJURIES SUFFERED BY ME OR MY CHILD DURING THE WRESTLING CLINIC/CAMP.

Name _____
 Grade for 06-07 _____ Session attending _____
 Address _____ City _____ Zip _____
 Phone _____
 Emergency contact _____ Emergency Ph _____
 Parent Signature _____

2006-2007 JR. HIGH AND HIGH SCHOOL WRESTLERS.

I am recommending that the 06-07 wrestlers grades 6th - 12th attend two or more of the following camps, clinics or wrestling leagues. We have a good core of wrestlers and we need to keep up with our experience, if we plan to stay competitive and compete at the next level. My ranking of importance : **Ponca Clinic June 19th-20th (\$24)**, Randolph's Clinic June 5th & 6th (\$30), Winside June 1st - 3rd (\$30), Tri-State summer league at Sgt Bluff May 28th, June 4th, 11th, 18th, and 25th for (\$30), Merville summer league & clinic July 9th, 16th, 23rd, 29th, 30th for (\$40). I also have information on other camps such as, ISU, UNL, IU, Dana and others. These however will cost from \$270-\$500 each. Also there is a Camp at Heelan for \$80 with ISU coaches Cael Sanderson and Bobby Douglas on June 9th-10th. Many of these are for K-12 wrestlers as well. Please stop by or call me for information.. Thanks have a great summer. Coach Trusty

Elementary Spring Concert

May 15, 2006
7:00 p.m.



It's A Small World After All

The K-4 classes will be singing and performing children's songs from various countries around the world. Each class will be singing the following selections and representing the following countries.

Kindergarten

A Different Beat
Lovely Hala Trees---Hawaii

1st Grade

Families w/ Poem
Nana, Thread Needle---African

2nd Grade

Jan Ken Pon---Japan
St. Patrick Was a Gentleman---Ireland

3rd Grade

May the Sun Shine---Russia
Karangatia ra---New Zealand

4th Grade

Poco le Me Lone---Caribbean
Don't Worry
Limbo Dance

The 5th and 6th grade classes are learning to read two-part music.
They will be singing two songs of their choice.

5th Grade

I'm a Believer
Sailing Away

6th Grade

Broken Road
We're All In This Together

5th Grade Band

Band Room Rock, Satin Latin

6th Grade Band

Rock.com

5th and 6th Grade Band

New World Symphony and Banana Boat Song

4th Grade Band Display

Midbell Music Store will be at Ponca School Tuesday, May 8th at 7:00 p.m. for the 4th grade band display. Any 4th grade student interested in being in band next year, needs to be present on the 8th to buy a lesson book.

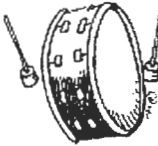
Midbell will also have instruments to buy or rent available that night. Please come with your questions about rental and be prepared to purchase that night!

I have met with the 4th grade students and will be allowing them to look at the instruments and try them to see what they would like to play.



This is an exciting time for the band program.

Help us keep the Ponca music program strong!!



Summer Band Lessons

Summer band lessons will be offered on Tuesday & Thursday mornings, June 5-29.
Beginning 5th Graders will meet on Wednesday mornings.

A Big Thank You!



The following have served as adult sponsors of the A.S.K. Drug-Free Youth Group at Ponca School: Chip and Melissa Watchorn, Cara Rosauer, Connie Block, Amy Watchorn, and Carrie Lux. Thank you very much for providing your time, energy, and talents promoting drug-free activities for our youth!



If you are interested in helping as parent advisors to the A.S.K. group, please contact Chip Watchorn.

From the Guidance Office... Mrs. Hassler



Spring Testing Update

During March, grades 2-6, 7, 8, 9, and 11th grade students took the Iowa Test of Basic Skills and the Cognitive Abilities Test. These achievement and abilities tests provide the school, teachers, parents, and students with information regarding a student's yearly progress in the basic areas of education. The tests cover reading, language, mathematics, social studies, and science concepts and analytical reasoning.

Results of the ITBS/CogAt are being processed. Hopefully, the ITBS/CogAt results will be in before your children leave for summer vacation. If so, these results will be sent home with your student(s); otherwise, the results will be mailed to you this summer.

ATTENTION!!

SENIORS OF 2007

Student and Parent Meeting Scheduled

The Seniors of 2007 and their parents are invited to attend an informational meeting scheduled for Tuesday, May 9, 2006, at 7:00 P.M. in the gymnasium. The purpose of this meeting is to update students and their parents on graduation requirements, college credit opportunities, career education/scholarship options available to seniors as they begin their final year of high school. Important college information will also be shared. We urge all 2007 seniors and their parents to attend! If you have questions please contact Ms. Rinas or Mrs. Hassler.

ATTENTION!!



Summer!!



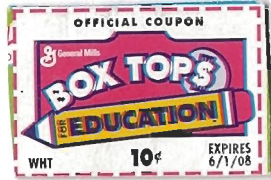
"2 for 1" in 2006

**Our
Graduation Gift
to You, the 2006
High School Graduate!
"2 for 1" in 2006
offers you a FREE class!**

**Call Today!
712-274-6403
800-352-4649**



Save Your Box Tops This Summer!!!!



Please turn in your box tops!! The elementary receives lots of fun items for their classrooms from "Box Tops for Education".
THANK YOU!!!

Title I Family Night

Title I Family Night will be held Monday, May 8 from 6:30-7:30 p.m. in the school lunchroom. Awards will be given. Pizza and beverages will be served. If families can, please bring in a dozen cupcakes, bars, or cookies to add to the fun. This is one way families can show they recognize and appreciate the extra work Title I students have done this school year. All family members of Title I students are welcome to attend.



It's time to start thinking about Summer T-Ball. In order to organize teams, we would like you to fill out the bottom portion of this form and return it to: City of Ponca, PO Box 465, Ponca, NE 68770 by **WEDNESDAY, MAY 10, 2006**. PLEASE USE ONE REGISTRATION FORM FOR EACH CHILD. To be eligible to play, your child must be age five (5) or entering kindergarten in the 2006-2007 school year, and not old enough to participate in the Ponca Summer Recreation softball or baseball programs. To help defray expenses, there will be a \$5 registration fee PER CHILD which must be returned with the registration form(s). Your child will not be registered until this fee is paid. Once teams are determined, the coaches will contact you regarding further details and game schedules. Thanks you, Ponca Park and Recreation Board

Child's Name

Birth Date

Parent/Guardian Signature

Telephone

Turn in your Hy-Vee receipts!!!



Hy-Vee awards our school with cash for each receipt we turn back in to them. So far this year, we have received a check for \$500.00!! Please keep sending your receipts with your kids!

Attention...School Physicals at the Ponca Medical Clinic!!

Ponca Medical Clinic is offering a special rate of \$30.00 during the months of June, and July. Please call for appointment. No insurance will be filed.
Payment is expected at time of service.

A percentage of all physical will be donated to the Ponca School Athletic Department to use at their discretion.



Please call 755-2231 to schedule your physical!



PONCA T-BALL PROGRAM 2006

Prom 2006!!!

Following the Prom dance, the PHS Junior & Seniors & their dates were entertained by a hypnotist, bowling at Harmony Lanes and served pizza, pop & candy bars. Drawings were held for GREAT prizes. Without the assistance of several volunteers and donations, this night would not be possible. Thank you to EVERYONE who contributed to the success of this event. The following is a list of those who attended:

Kim Krause	Kara Bosse	Chaniel Hassler
Chris Chase	Rachael Hassler	DJ Smith
Cody Krueger	Jacob Jensen	Tyler Schweers
Mallory Anderson	Tyler Hughes	Sadie O'Neill
Heather Bennett	Katelynn Towne	Cassandra Snow
Brandon Rush	Steven Schnoor	Megan Hughes
Alisyn Hansen	Grace Horner	Haley Keller
Justin Curry	Tanner Rickett	Jessica Watkins
Molly O'Neill	Amanda Nelson	Jeremy Mohr
Myles Brown	Adam Stark	Haley Schwartz
Miranda Braun	Becca Walsh	Zach Cook
Bill Markworth	Justin Hoelsing	Lauren
Autumn Conrad	Jill Webb	Tim Lowe
Kevin Kneiff	Bryce Book	Emily Schaefer
Amanda Kneiff	Jenna Mansker	Justin Herfel
Austin Treat	Courtney Dohma	Tracey Hughes
Jenna Dohma	Ben Taylor	Lana Daniels
Jordan Walsh	Anne Langhorst	Josh Fowler
Zach Krampfer	Zach Weiss	Becca Webb
Ellen Duffy	Torie Rager	Jennifer Richards
Andi Pavlushik	Eric Jensen	Nick Curry
Brody Nicholson	Matt Watchorn	Lindsay Cooper
Josh Crogrove	Whitney Rouse	Brandon Olsen

Thank you to all of the volunteers and committee members who organized the 2006 After Prom to provide a safe, fun evening for our students. Special thanks to Bruce Blatchford & Brian Scollard for breathalizing the students at Harmony Lanes. And a sincere THANK YOU to the Junior & Senior Parents who donated money towards the expenses of 2006 After Prom.

Craig & Judy Beacom	Pat & Chris Hassler	Rick & Marcella Schweers
Chris & Deanna Bennett	Jeff & Sheila Herfel	Annette Schnoor
Kenton & Tammy Book	Kenny & Lisa Hohenstein	Brian & Tami Scollard
Brian & Barb Braun	Kenny & Sandy Jensen	Jeff Smith
Kandis Conrad	Deb Jones	Kent & Sherry Stark
Pat & Kim Conrad	Phil & Julie Krampfer	Tom & Holly Walsh
Mark & Gina Cook	Dan & Deb Krause	Dick & Mary Watchorn
Kent & Kathryn Crogrove	Jim & Rita Langhorst	Mike & Susan Watkins
Bob & Pam Curry	Tonya Mellick	Scott & Renee Webb
Suzette Curry	Rick & Kellee Nelson	
Kevin & Kim Dohma	Jerry O'Neill	
Richard & Joni Dohma	Ken & Theresa Pavlushik	
Gary & Beth Duffy	Gary & Kari Richards	
Dave & Val Hansen	Doug & Jodi Rickett	

THANK YOU to the following for your donation to 2006 Ponca After Prom!

185 th Air National Guard	Kevin & Teri Harder	Pepsi of Siouxland
A-1 Mist Sprayers	Hart Beverage	Perkins
Absolute Screen Art	Dave & Fran Hassler	Pizza Hut
American Express	Highland Oaks Golf Course	Ponca Athletic Booster Club
American Legion	Husker Service	Ponca Community Club
American Legion Auxiliary	Hy-Vee	Ponca Improvement Club
Bob & Cindy Anderson	IBP Ice Center	Ponca State Park
Bank of Dixon County	Interstate Batteries	Randalls Formal Wear
BDC Insurance Agency	Iowa-Nebraska State Bank	Rasmussen Motors
Maggie Beacom	Jackson Ampride	Rush Trucking, Inc.
Best Buy	Jackson Community Club	Russell Trailer Sales
Steve & Bonnie Bevelhymmer	Jammer Photography	Salem Lutheran Church
Biltrite Construction	Jerry's Body Shop	Scheels
Wally Birkley	Keller Pharmacy	Scissor Shock
Bobier Portrait Studio	Kentucky Fried Chicken	Shear Image
Skip & Cedie Bogard	Jeff & Kathie Knerl	Sioux City Explorers
Bonnie's Impressions	Knights of Columbus	Sioux City Physical Therapy
Book Construction	Krohn Car Care	Siouxland National Bank
Briar Cliff College	LP Gill, Inc.	Jim & Diane Smith
Bridal Sweet	Lewis & Clark Title & Escrow	South Ridge Golf Course
Larry Buhl	Marilyn Johnson Photography	St. Joseph's Altar Society
James Buttermore, DDS, PC	Marron Service	St. Lukes Health Resources
Denny & Nikki Carnell	Maurices	Studio 222
Cecelia's Salons, Inc.	McArdles Bar	Subway
Central Valley Ag	Liz McKinney	Nick & Patti Sullivan
Chesterman Company	Mercy Medical Center	Don & Carla Taylor
Clean Machines Car Wash	Mercy Medical Services	Jeff & Joan Taylor
Cooks Country Store	Midstates Electric	United Methodist Women
D&D Insurance Agency	Mohr Funeral Home	Verizon Business
Dairy Queen	Morningside College	Vermillion Ford
Jim & Colleen Decker	Nebraska Journal Leader	Gary & Cheri Voss
Dixon County Ag Society	Diane Neill	Gordon & Lois Voss
Druzaks	Deb Noll	Tom & Nancy Walsh
Elms Care Center	Northeast Community College	Walsh-Hohenstein Constr.
Family Hair Care & Trails Inn	South Sioux & Norfolk	Wayne State College
Gasser Auxiliary Post	Northeast Nebraska Tele Co.	Western Iowa Tech
Mark & Joli Gehring	Northeast Nebr Thrivent Finan.	Willis Animal Clinic
Gill Hauling, Inc.	Orpheum Theatre	
Great Plains Communications	Palmer Candy Company	
H204U	Peavy Grain	

Thank You!!

Healthy Habits.....

Talk to your kids about healthy habits that include the using caffeine in moderation. Caffeine is a stimulant drug, which makes the central nervous system speed up the messages to and from the brain. A wide range of food and drinks contain caffeine, including chocolate, soft drinks, energy drinks, tea, and coffee. It can also be taken in capsules, tablets or powder form.

Regular and prolonged use of caffeine in any form can become a habit that is tough to break. A person's body can become accustomed to the caffeine so that an individual needs to consume more and more to achieve the same effect.

Effects of Caffeine

The effects of caffeine differ from person to person, depending on your age, body size, and general health.

Short Term Effects

*Caffeine takes 5-30 minutes to circulate around the body. Physical effects of caffeine include increased heartbeat, respiration, basal metabolic rate, and increased stomach acid and urine.

*Small to medium amount of caffeine, up to 300mg, can speed up the brain and the central nervous system so that you feel more awake.

Long Term Effects

Some research has shown links between heavy use (ie greater than about 350mg or three cups per day) of caffeine and osteoporosis, high blood pressure and heart disease, heartburn, ulcers, severe insomnia and infertility.

Signs of when you have had a caffeine overdose include:

Serious injury or death from overdose can occur, but it's extremely rare. A person would have to consume 5-10 grams of caffeine (or 80 cups of strong coffee, one after the other) to have an overdose.

Addition and Withdrawal

Caffeine is addictive according to several definitions of 'addiction'. It causes withdrawal symptoms after you stop having it regularly (most commonly headaches) and you can develop tolerance and experience cravings when you stop having it. Regular users can also become emotionally and mentally dependent upon their daily caffeine. Withdrawal usually lasts for only a few days and is minimal if you reduce caffeine gradually.

Things to Remember

Often caffeine pills or energy drinks such as No Doz or Red Bull are taken by young people during exam or study periods in an effort to stay awake and alert to study more, sometimes they may be taken experimentally to "catch a buzz". Caffeine isn't a substitute for normal sleep patterns. Caffeine is a drug and can have the affect of drugs, so before taking any medication make sure you tell your doctor or pharmacist how much caffeine you consume.

Caffeine Content From Various Sources

<u>Source</u>	<u>Serving Size</u>	<u>Caffeine(mg)</u>
Maximum Strength No Doz	1 tablet	200mg.
Mountain Dew	12 oz. can	55mg.
Coke	12 oz. can	47 mg.
Coffee	5 to 8 oz.	40-180 mg.

Information Sources: Facts and Comparisons, updated monthly
www.supplementwatch.com



Rural Youth Connection
Presents:

Makin' Money

An entrepreneurship camp for grades 5th – 8th

Thursday, June 1st, 11 a.m. – 5:30p.m.

Laurel Learning Center & Park

Across the region kids are starting up their own businesses and making money right from home. Learn what it takes to get going, marketing tips and advice to making your project run smoothly.

Make friends, have fun and meet other kids in the area just like you.

THE COST

Pay \$5 to cover product supplies and afternoon snacks.

REGISTRATION

To guarantee that you'll have a place at the camp, please register by Monday, May 15.

Mail to: Rural Youth Connection, Attn: Rita Brihal

Northeast Nebraska RC&D

702 E. Park Ave.

Plainview, NE 68769-9504

Call (402) 582-4866

Fax to (402) 582-3799, Attn: Rural Youth Connection

(Only one form per person. Photocopy or reproduce as needed. Please print.)

NAME: _____

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ E-MAIL: _____

Circle: Youth Parent Educator Community Leader

INTEREST IN CONFERENCE: _____

(Youth Only)

AGE: _____ GRADE: _____ SCHOOL: _____

Circle: 4-H FFA Other: _____ None



Congratulations!!

2006-2007

Cheerleaders



Football

Heather Bennett
 Jessica Bostwick
 Jenna Dohma
 Alisyn Hansen
 Rachael Hassler
 Tracey Hughes
 Josie McRoberts
 Becca Walsh

Basketball/Wrestling

Alisyn Hansen
 Rachael Hassler
 Kayla Herfel
 Tracey Hughes
 DeAnna Markworth
 Josie McRoberts



The Cheerleaders will paint "PHS" on driveways again this Spring!!!
 Contact the school office or a cheerleader to sign up.

Hurricane Katrina Service Project Update.....

Ponca Public School has given a donation of one thousand dollars to help in rebuilding Pass Christian Schools in Pass Christian, Mississippi. We were fortunate to have a kindergarten student who had attended school at Pass Christian Elementary School, attend kindergarten at Ponca Public School for a few months last fall. Alana Lane was brought to Northeast Nebraska to live with her grandparents, Steve and Mary Husen, while her parents, Melvin and Nikki Swanier, assessed the damage to their home and property in Mississippi. Alana and her parents are currently living in Omaha, Nebraska, as they were able to gain employment.

Ponca High School and Elementary student councils organized fund raising activities including collecting monetary donations during the Veteran's Day program held last November, several weeks of lollipop sales in January and February, and student council donations.

Ponca High School and Elementary student council members would like to thank everyone who helped in some way to help another school district in need.

Semester 2 Test Schedule

2005-2006

WEDNESDAY (May 17)

Period 1
 Period 2
 Period 3
 Period 4
 Period 5
 Period 6
 2:00-3:30 Period 7 Test

THURSDAY (May 18)

8:25-9:55 Period 2 Test
 10:15-11:46 Period 5 Test
 11:49-12:25 LUNCH
 12:25-1:50 Period 4 Test
 2:10-3:30 Period 8 Test

FRIDAY (May 19)

8:25-9:55 Period 3 Test
 10:15-11:46 Period 1 Test
 11:49-12:25 LUNCH
 12:25-1:50 Period 6 Test
 1:50-2:00 FINAL CHECK-OUT



NOTE: At the teacher's discretion, the first 20 minutes of the semester testing period may be used for review. Students may not to be released from a semester testing period early.

9-12 STUDENTS WHO HAVE A SCHEDULED STUDY HALL MAY BE EXCUSED WITH WRITTEN PERMISSION FROM A PARENT/GUARDIAN. STUDENTS WHO HAVE FEWER THEN NINE ABSENCES FOR THE SEMESTER AND A SEMESTER GRADE OF 85% OR BETTER IN THE CLASS ARE NOT REQUIRED TO WRITE SECOND SEMESTER TESTS AND MAY BE EXCUSED WITH PARENT PERMISSION.

Safety: What Parents and Children Need To Know

During the month of May at Ponca elementary guidance classes will be addressing safety issues. While children can be informed about safety practices, parents and children have the greatest responsibility for their own protection and safety.

Computer Internet safety is of great concern to parents, law enforcement officers, and school staff. Public safety officers say the Internet has replaced the playground as a favorite stalking area for child predators. Parents must communicate with their children about using the Internet.

Below are some safety tips for parents and children who use the Internet:

- * Parents should go through their children's computers to see whom they are communicating with and to find out what kind of information they are putting out over the Internet.
- * Parents should approach their child's Internet use the same way they would search their child's room for drugs.
- * Children should not reveal mailing addresses, telephone numbers, name of their school, or even information that may seem obscure, such as, hobbies, sports they play, and information about nearby stores and malls.
- * Children should refrain from discussing personal issues in chat rooms. Predators target children who have low self-esteem, and/or have social difficulties.
- * Keep the computer in the family room or another open area in the home, and be aware of other computers your child might be using.
- * Establish rules and guidelines for the home computer.
- * Red flags could include your child quickly changing what is on the computer screen when you walk up or your child spending large amounts of time online, especially at night.

Following good safety procedures will provide children with important information and skills. It will foster self-confidence and teach children to trust their own instincts and feelings. Children need to know they are special and deserve to feel safe.

Parents Should:

- *Set an example of good safety habits for your child. For instance, when away, tell your children how long you will be gone and where you can be reached.
- *Allow your children to talk freely about themselves and their feelings. Children who are listened to, and have their needs met in the home, are less vulnerable to abuse or exploitation.
- *Know your children's friends and their parents. Keep lists of their phone numbers and addresses.
- * Know your neighbors. Teach your children where they can go and which neighbors they can seek out if they feel threatened.
- * Know the times and routes your child travels to and from school or activities.
- * Make sure your child does not wear articles of clothing with his/her name visible on them. The knowledge of a child's name can be used to gain his/her confidence or put him/her off guard.
- * Raise your children with a strong sense of self-respect and with good self-esteem. Predators are looking for the lonely child who is hungry for attention.

A preschooler should always be under the supervision and protection of a responsible adult.

Preschoolers should know:

- *Full name, address (including city and state), and phone number (including area code).
- *How to make a phone call, including how to dial 911.
- *What private parts are (places covered by a bathing suit). A child needs to be able to tell the difference between an "Okay" touch and a "Not Okay" touch.
- *Low risk adults to approach when lost or afraid: police officer in uniform, store cashiers, woman with children.
- *Always ask a parent's permission before accepting candy or gifts, or going somewhere with anyone.
- *Understand that it is okay to tell a parent or a trusted adult if anyone hurts them or tries to make them keep a secret.

As children get older they want more freedom and responsibility. Grant privileges only when you are confident your child is ready. Do not let your child get into a situation he/she is not ready to handle. Keep reviewing the rules. Use "What if?" scenarios to check to see if your child knows what to do in risky situations.

Older Children should know:

- *Always use the BUDDY SYSTEM and never go places alone. Predators usually focus on the loners.
- *Check First! Always let someone know where they are going.
- *Never get into a car or go with a person unless a parent has given permission. Keep a safe distance (10 feet) from a car with someone in it.
- *It is okay to be suspicious of adults who seem too friendly. The safe thing to do is to say "NO!" then Go and Tell a trusted adult.
- *Tell a parent or trusted adult if anyone offers gifts, money, or a job; if someone wants to take their picture; if someone tries to make them keep a secret.
- *Predators use tricks to lure children. For instance, a child should know that grown-ups do not need to ask children for directions, or for help finding something like a puppy or kitten. Know the family password; do not go with anyone who does not know the password.
- *If home alone when answering the phone, never say that a parent is not there. Do not open the door if someone knocks or rings the bell. Children should know who to call if they are scared or need help.
- *If threatened by someone, loudly yell "NO!". Screaming and attracting lots of attention is one of the most effective things a child can do in a frightening situation.
- *If a child feels threatened or is being followed, the child should run to a safe house, or a store, or somewhere where there are people.
- *Children should trust their instincts. If a situation does not feel right, yell, get away, and seek help.
- * A child should not keep secrets. When problems are too big to handle, talk about them with a parent or trusted adult.

PONCA PUBLIC SCHOOLS

2006-2007 SCHOOL CALENDAR

July 2006

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2006

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	○	○	23	24	25	26
27	28	29	30	31		

September 2006

S	M	T	W	T	F	S
					1	2
3	X	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2006

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	X	28
29	30	31				

November 2006

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	X	X	25
26	27	28	29	30		

December 2006

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	X	23
24	X	X	X	X	X	30
31						

January 2007

S	M	T	W	T	F	S
	X	○	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2007

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2007

S	M	T	W	T	F	S
			X	X		3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2007

S	M	T	W	T	F	S
1	2	3	4	○	X	7
8	X	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2007

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	○	○	26
27	28	29	30	31		

June 2007

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

X No School

○ Teacher In-Service Day

_____ Begin/End Semester

Ponca Boys Basketball Camp

**June 5th -
June 7th**



Cost \$25.00

Grades 3-5

8:00 - 10:30

Grades 6-8

10:30 - 1:00

**(Grade the student will be in during the
2006-2007 school year)**

**Pre-register by filling out the following form and
returning it to Coach Bob Hayes,
P O Box 275, Ponca, NE 68770 by May 19, 2006.**

**It is important that you pre-register in order
to guarantee a t-shirt. If you have any
questions, please call (402) 755-2764.**

(T-Shirt Adult Sizes Only)

Small _____ Medium _____ Large _____ XL _____

Name: _____ Grade _____

Phone Number: _____

Ponca Girls Basketball Camp

**June 12th -
June 14th**



Cost \$25.00

Grades 3-5

8:00 - 10:30

Grades 6-8

10:30 - 1:00

**(Grade the student will be in during the
2006-2007 school year)**

**Pre-register by filling out the following form and
returning it to Coach Kylee White
P O Box 611, Ponca, NE 68770 by May 26, 2006.**

**It is important that you pre-register in order
to guarantee a t-shirt. If you have any
questions, please call (402) 755-4127.**

(T-Shirt Adult Sizes Only)

Small _____ Medium _____ Large _____ XL _____

Name: _____ Grade _____

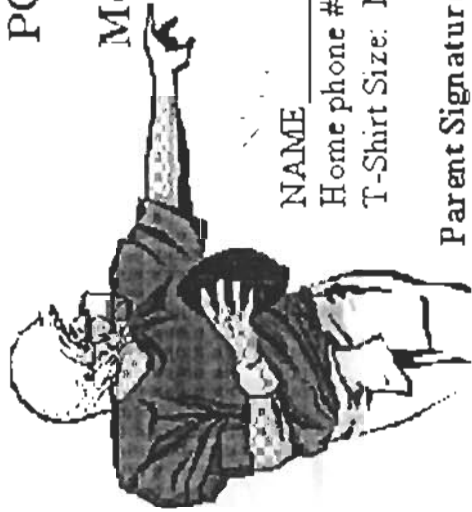
Phone Number: _____

PONCA INDIANS FOOTBALL TEAM CAMP

Monday July 24 – Friday July 28

8:00 am to 12:00 noon

Grades 9 - 12



NAME _____

Grade _____

Home phone # _____

Emergency # _____

T-Shirt Size: M L XL XXL other: _____

Parent Signature _____

Camp cost is \$25 and includes a camp t-shirt. In order to ensure your t-shirt order please send this registration form to Joe Kvidera or the Ponca School office by July 1. Please make checks payable to Ponca Public School. Helmets will be provided for camp participants. If you have questions please call Joe Kvidera at 755-2111.

BJ Mulder's



Summer School Program 2006

Ponca

www.best-basketball.com

BEST Objectives:

1. To demonstrate and rehearse shooting fundamentals the correct way.
2. To help players execute proper shooting fundamentals simulating game-type shots.
3. Quick and correct repetition at or above game speed with game specific shots.
4. To improve mental toughness and confidence in every BEST student.
5. To demonstrate and rehearse detailed footwork to make the complete scorer (the catch and shoot, explosion from loaded position, and footwork finishes from the mid-range and at the rim).

"The little details learned and developed in BEST Shooting School have made a huge impact in our basketball program. BEST offers knowledgeable instruction that passionately teach valuable shooting techniques resulting in improved game shooting performance. There is no doubt that I would choose BEST over any other basketball developmental program".

*Loren De Jong
MOC-FV Head Boys Basketball Coach
2005 3A Iowa State Champs*

Players who enroll in this program will receive the highest level of instruction available, a BEST t-shirt (for those completing the assigned workouts), a BEST shooting booklet, the BEST Shooting individual workouts, and most of all guaranteed skill improvement!

Location: Ponca High School
Dates: Thursday: June 15, 22, 29, July 13, 20, 27
Grade-Times: 8:00 am high school/college, 9:00 am 5th-8th Grade
Cost: \$85 for entire program
\$101.05 for program and BEST instructional DVD (if desired)

*Please make payment to B.E.S.T. Shooting School, and mail to: Craig Douma, PO Box 176, Paullina, Iowa 51046
Any questions email me at: cdouma@gs-obrien.k12.ia.us*

Name _____ Home Address _____
Phone Number _____ Email address for confirmation _____
School _____ BEST Location _____ Grade & Time _____
Payment (please circle your registration payment)
\$85 program fee (tax included)
\$100 program with BEST instructional DVD (tax included)

Ponca High School

Graduation

Friday, May 12, 2006
7:00 p.m.



**Parents: Our lost and found "pile" has grown quite large.
Please make a point to have your child or yourself check the box for lost items.
We have acquired winter coats, boots, sweatshirts & many gloves!!
Items that are not claimed are donated at the end of the year. Thank you.**

Ponca School Newsletter
Ponca Public School
Ponca, Nebraska 68770

Non-Profit Organization
U.S. Postage Paid
Permit #1
Ponca, NE 68770

ECRWSS
Postal Patron

**Congratulations,
Class of 2006!!**

