

April 2011

PONCA PUBLIC SCHOOL

505 3rd Street, P O Box 568
Ponca, NE 68770

www.poncaschool.org

223 North John Street, P O Box 67
Jackson, NE 68743



Ponca High School 3rd Quarter Honor Roll 2010-2011

Seniors	Juniors	Sophomores
Jake Anderson Aaron Bostwick *Kash Echtenkamp Jerod Goetz *Korah Kramper Dale Krause *Nichole Lux Alex O'Neill Jesse Way	Katie Anderson Kayla Beacom Cheyenne Brown *Tylar Greenleaf Shane Husen Andrew Larsen *Nellie Logue Jesse Walsh	*Allie Albrecht Tanner Boyle Sam Burki Lauren Conrad *Samantha Gill Ryan Hansen Kelsi Holgate *Wesley Johnson Rachel Krause Alacia Krohn Zach Kvidera Jonathon Larsen Laikyn Libby Heather Lieber *Josh Masin Christiana O'Neill Jacob Oswald Erin Persinger *Megan Pollard *Krystal Richards *Mattie Schweers Blake Smith Katie Todd
Freshmen	8 th Grade	7 th Grade
Brandon Bauman *Connor Brandt *Aaron Carlson *Lorena Carmona Charlie Charlson Madison Charlson *Hannah Cook Tyler Davis Anthony Gehring Brandon Hamar Abby Hayes Zach Heaton Christian Rush James Stark Kim Stowe	*Hannah Albrecht Chase Baker *Lauren Brickett Alexis Eifert Tommy Gill Zach Granato Sean Holgate *Kianna Kramper *Lindsey Kvidera Jacob Masin Mackenzie Niemeier Colton Oswald Hailey Pollard Alex Rickett *Jada Rush Alisha Sullivan *Ethan Swick Michael Walsh	Alexis Anderson *Nathan Bakker MacKenzie Boyle Kelsea Fethkenher Kaylee Hamar *Timmy Hayes Kyley Krueger *Rachael Lux Kari Rooney Abby Sullivan Shelby Utech
		*Denotes "A" Honor Roll Students (students must earn at least a 93 numerical grade) "B" Honor Roll (students must earn at least an 85 numerical grade)



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Notes from Ms. Rinas...

During the month of April, students in grades 3-8 and 11 will be writing the Nebraska State Assessments in reading and math. Students in grades 5, 8 and 11 will also be writing the Nebraska State Assessment in science. It is important that students take these tests seriously and do their best work. Each test is given in two 45 minute sessions. Students in grades 7, 8 and 11 will be writing the tests on April 6 and 7. Elementary students will be writing the assessments during the window of time, April 4-15. It is important that students are well rested the night before the assessments and eat a good breakfast.

Parents and students are reminded that the school only provides for supervision of athletes at track and golf meets. Therefore a student who is not on the team will only be released from school to attend the event if the student is with a parent or guardian. All students must be pre-excused before 9:00 A.M. to attend or participate in a school activity.

The last months of the school year are filled with activities that take students out of the classroom. It is each student's responsibility to complete class work prior to a scheduled absence. Encourage your child to stay focused on academics and finish the school year strong.

LIBRARY UPDATES

Dr. Seuss Birthday Bash

Pre-school through second grade students are invited to attend the **Dr. Seuss Birthday Bash** at Ponca Carnegie Library on Thursday, April 7th at 6:00 PM. Cat in the Hat will make an appearance. You won't want to miss this!

Book Donations: Mary Kock, Austin Brewer, Anonymous donor, Boyle family, Mrs. Hassler



Follow-up Survey of P.H.S. Graduates

The following information indicates the direction our graduates have taken the last five years.

	4 yr. College	2 yr. College	Voc Training	Military	Employ	Others	Total
2006	8	4	0	3	13	1	29
2007	17	6	1	0	7	1	32
2008	18	7	1	4	0	0	30
2009	6	13	3	1	5	0	28
2010	14	7	1	0	2	0	24

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The Ponca Public School requests your help in locating handicapped children. The school implements the Federal Handicapped Children's Act (PL 94-142) and Nebraska statute, which guarantees a free appropriate educational program for all children between birth and 21 years of age. If you have students or know of any young person who meets these criteria, please contact Superintendent's office.

Jackson Elementary News

Spring has arrived, which means there is about 2 months until the end of school. The school year has gone so fast, it seems like yesterday we were preparing for the students to walk in the door.

Kindergarten round-up will be on Friday, April 29th. The kindergarten list is in the newsletter; please check the list to make sure your child is registered for kindergarten next year. **Reminder, any child that turns 5 years old before October 15, 2010 is eligible for kindergarten.** If your child is not on the list please contact the office at Jackson as soon as possible.

Pre-school open house is set for Tuesday, April 19th at 6:00pm. The school board has set tuition for next year at \$16.00/day. **Only children 4 years old and not age eligible for kindergarten can attend pre-school.** If you are considering pre-school for your child please plan to attend. The evening is designed to answer any questions you might have about pre-school.

On May 6th we will be having the annual field day at the athletic field. Jackson Elementary will be attending the elementary field day in Ponca. The field day begins at 1:00pm at the football field. The students will participate in a number of exciting events. Parents are encouraged to attend.

Our spring concerts are April 28th at 7:00pm for the Jackson Elementary students and May 5th at 7:00pm for the Ponca Elementary students. Both concerts will be held in the gymnasium in Ponca. The students have been working hard to make this the best concert ever. Please make plans to attend and see the future stars of American Idol!

Although the weather is getting warmer, students should still be wearing coats to school and recess. We require coats until the temperature gets above 60 degrees.

Throughout the school year students have been practicing fire drills. Again this year we have added tornado drills to our safety program. Students will practice tornado drills during the months of April and May.

This is the time of year when some students seem to slough off with their school work. The weather is nice and because of daylight savings time the day is longer. Summer baseball and soccer are beginning and outdoor activities increase. Please make sure your child does not neglect their school work and continues to get enough sleep. It is important to finish the school year strong.

The school board officially extended the school year at the February school board meeting. The extension was to make up for school time lost due to weather and other activities. The days must be made up to stay in compliance with state regulations regarding the number of hours school is in session. The last day of school is now scheduled for Wednesday, May 25th.

The next school board meeting is April 18th in Ponca at 7:30 p.m. We look forward to seeing you at the concerts and the elementary field day.

M	T	W	TH	F
				1 Starfish
4 Starfish	5 Angelfish	6 Starfish	7 Angelfish	8 Angelfish
11 Starfish	12 Angelfish	13 Starfish	14 Angelfish	15 Starfish
18 Starfish	19 Angelfish Preschool Open House 6pm	20 Starfish	21 Angelfish	22 NO SCHOOL Spring Break
25 No School	26 Angelfish	27 Starfish	28 Angelfish	29 No Preschool Kindergarten Roundup

Kindergarten Eligibility

March 8, 2011

To: School Superintendents
Elementary Principals

Fr: Melody Hobson, Administrator, Office of Early Childhood

Re: Implementation of LB 1006 (Kindergarten Date Change)

The Nebraska Department of education has been receiving numerous questions about the implementation of LB 1006 which was passed in 2010 and will be implemented within the next 18 months. This memo addresses the implementation schedule for kindergarten eligibility, for assessment of children whose parents request early entry into kindergarten, and clarification of preschool eligibility for young children.

For the 2011-2012 school year, children are eligible to attend kindergarten if they turn **5 on or before October 15, 2011**. School boards may allow a child to enter kindergarten if that child turns 5 between October 16 and February 1 of the 2011-2012 school year if the child has already been in kindergarten somewhere else, will be moving to a place where the child would be eligible for kindergarten, or the child has demonstrated through recognized assessment procedures that the child is capable of carrying the work of kindergarten NevRevStat 79-214 (1).

For the 2012-2013 school year and beyond, children are eligible to attend kindergarten if they turn **5 on or before July 31** of the calendar year in which the school year for which the child is seeking admission begins. School boards may allow a child to enter kindergarten if they turn 5 on or after August 1 and on or before October 15 of the year if the child has already been in kindergarten, will move to a place where the child will be eligible for kindergarten, or the child has demonstrated through a recognized assessment procedure approved by the board that he or she is capable of carrying the work of kindergarten NevRevStat 79-214 (2).

On or before **January 1, 2012**, each school board shall “approve and make available a recognized assessment procedure for determining if a child is capable of carrying the work of kindergarten” NevRevStat 79-214 (2)(b). This assessment procedure is **only to be used** to determine if the children who turn five on or after August 1 and on or before October 15 can enter school early. **School districts must not assess children who are age eligible for kindergarten (turn 5 on or before July 31 of the year) for the purpose of placement.**

The passage of LB1006 did not change Nebraska statutes regarding eligibility for school district or ESU operated preschool programs. Nebraska Revised Statute 79-1101 (3)(b) defines an early childhood education program as “any prekindergarten part-day or full-day program or in-home family support program with a stated purpose of promoting social, emotional, intellectual, language, physical and aesthetic development and learning for children from birth to kindergarten entrance age”(emphasis added). School districts and ESUs that enroll kindergarten eligible children in preschool programs risk losing program approval. Loss of approval results in the inability of districts or ESUs to operate the early childhood program.

If you have questions, please contact:

Melody Hobson, 402-471-0263, melody.hobson@nebraska.gov
Jan Thelen, 402-471-4319 jan.thelen@nebraska.gov
Sue Bainter, 402-471-1860, sue.bainter@nebraska.gov
Diane Kvasnicka, 402-471-0951, diane.kvasnicka@nebraska.gov
Linda Meyers, 402-471-2980, linda.meyers@nebraska.gov
Eleanor Kirkland, 402-471-3501, eleanor.kirkland@nebraska.gov

KINDERGARTEN ROUNDUP!



Parents who have children five years of age on or before October 15, 2011, may wish to send their son/daughter to kindergarten during the 2011/2012 school year.

Kindergarten Roundup for these students is scheduled for Friday, April 29, 2011 at Jackson Elementary. Parents may register their child for roundup by returning the form below or calling the Jackson Elementary School office at 632-4276. More information concerning Kindergarten Roundup will be provided as we get closer to that date.

Please return this form to: Jackson Elementary P.O. Box 67 Jackson, NE 68743

Child will attend _____ Child will NOT attend _____ Kindergarten in 2011/2012

Student Name: _____ Boy _____ Girl _____

Date of Birth: _____ Phone Number: _____

Parents or Guardian: _____

Address: _____

The following children are eligible to attend Kindergarten at Jackson Elementary during the 2011/2012 school year. This list is according to the current census and current preschool students. If your child is not listed and is eligible to attend, please contact the office at 632-4276 or return this form to the school address listed above.

Andrew Brinkmann

Jaden Kay

Jaden Pulley

Bella Brummond

Lily Korth

Cody Rohan

Brady Carnell

Gus Laible

Guy Severeide

Ethan Eifert

Dalton Lamprecht

Aidan Slaughter

Abigail Fernau

Bradley Lentz

Libbi Snodgrass

Taylor Fluery

Brooklyn Lowe

Grant Sprakel

Donovan Fogarty

Josilyn Martin

Zain Stark

Grace Hansen

Katy Mitchell

Cade Statema

Alix Hughes

Alexandria O'Neill

Brody Taylor

Madelyn Jones

Oliver Persinger

Noah Watchorn

Zoey Kastning

Tia Pick

Luke Zimmerman

Dylan Kastning

Andrew Pinkelman



PRESCHOOL OPEN HOUSE



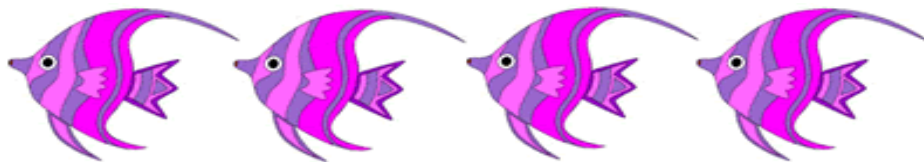
Bring your treasured preschooler to our Open House to register for next year and visit their new classroom! They will go on a treasure hunt discovering their new school and the things they will be doing each day.

Tuesday, April 19
6:00 pm at
Jackson Elementary

Students enjoy a unique curriculum with many exciting events throughout the year. *Preschool is a 4 year old program that is a full day every other day that includes shuttle bus transportation from the Ponca School for your convenience.* I can't wait to share all the details with you!

Miss Roemen

If you are unable to attend but would like to request a registration packet please call Jackson Public School at 632-4276. *It is necessary to complete all of the enrollment forms and submit the registration fee in order to be on the official roster.*





INFORMATION AND GUIDELINES FOR PONCA HIGH SCHOOL'S PROM DANCE & AFTER PROM 2011



Parents: Please make sure your son/daughter has purchased a
park sticker prior to the dance date/time!

The purpose of the following information is to familiarize parents, guardians, Ponca students and outside dates with the guidelines and procedures for Ponca High School's Prom and After Prom Party. Our objective is for all of our students and guests to have an enjoyable, drug-free and safe evening.

1. A Prom Dance will be held at Ponca State Park Visitors Center on Saturday, April 9th from 8:00 P.M. to 12:00 P.M. for Ponca students in grades 11 through 12 and for their outside dates whose names are registered in the Principal's office by 4:00 P.M. on Friday, April 8th. A Grand March will be held for Seniors and Juniors and their dates at 7:00 P.M. at the Ponca High School Auditorium and everyone is welcome.
2. The Prom Dance will be chaperoned by the Junior class sponsors, the Principal, and other teachers. A police officer will also be on hand from time to time to check on the Prom Dance. If enough teachers are not available to help sponsor the dance, it may be necessary to ask some parents to help out.
3. A Ponca student who has an outside date will be responsible for explaining the rules to their date, and their date will be responsible for following these rules.
4. Juniors and Seniors and their dates will be admitted to the Prom Dance free of charge.
5. Juniors and Seniors and their dates who attend the Prom Dance are required to wear formal attire or they will not be admitted to the dance. This means a formal or dress for the girls and a tuxedo or suit and tie for the boys. This means no blue jeans, shorts, T-shirts, caps, etc.
6. All students who plan to attend the Prom Dance must be at the park by 9:30 P.M. or they will not be permitted to the dance. Any Ponca student or their date that leaves the Prom Dance before it's over, must sign out before they leave the dance and will not be permitted to reenter.
7. If a Ponca student or their date practices unacceptable behavior at the Prom Dance, their parents will be called, and the offender will be required to leave with their parents. If a student is told to leave the Prom Dance, they will not be permitted to attend the After-Prom Party.
8. Ponca students and their dates attending the Prom Dance will be subject to an alcohol breath test by an off-duty police officer prior to admission to the dance.
9. If any Ponca student and/or their date has been drinking or using any form of drug or tobacco, their parents or guardian will be called immediately to come to dance location to be present for a breathalyzer test on their son or daughter and to take them home if they have been drinking or using any form of drug or tobacco. Any student who tests positive for alcohol or drug use will be subject to prosecution by the law as well as being disciplined by the school for violating school rules which apply to the situation.
10. As of January 1, 1994 a new zero tolerance law went into effect in Nebraska which basically states that any minor who gets caught driving while they are under the influence of alcohol of any amount, can have their driver's license revoked on the spot for 30 days.
11. After-Prom Party will be held at Pro Bowl in Vermillion, South Dakota from 1:00 A.M. to 5:00 A.M. for students in grades 11-12 and their dates. Students must arrive & be breathalyzed at the door by 1:00 A.M. A student may attend the After-Prom Party even if he or she does not attend the Prom Dance. All students who plan to attend the After-Prom Party must register and pay \$5.00 per person in the Guidance Office with Nancy Walsh by 4:00 P.M. on April 8th.
12. Students who plan to attend the After-Prom Party will be given one hour to change clothes and drive to Pro Bowl in Vermillion, South Dakota.
13. If a student is registered to attend the After-Prom Party, and they do not show, their parents will be notified to let them know that their son or daughter did not arrive.
14. Any student who leaves will NOT be allowed to return, and parents will be contacted.
15. Every student entering Pro Bowl will be breathalyzed at the door. They will be subject to the same rules, procedures, and prosecution as a person attending the Prom Dance in case of drug, alcohol, or tobacco use or unacceptable behavior.
16. If you have any questions concerning these guidelines, please call the Ponca Public School telephone number at 402-755-5700.

Important Information from Mrs. Hassler, High School Guidance Office

ACT TEST DATE



The next administration of the ACT College Entrance Exam is set for Saturday, April 9, 2011. Any student who has registered for this test date is reminded to take time to prepare for the assessment. Tips for taking the ACT include: take a practice exam, "brush-up" on English and math basics, get a good night's sleep, wear comfortable clothing, be sure to bring your admit ticket (which you should have received from ACT through the mail when you registered), a photo ID (driver's license), and several sharpened #2 pencils.

Think "POSITIVE"! GOOD LUCK!!



ACHIEVEMENT TESTING

During the month of March students at Ponca School participated in Spring Achievement Testing. This year Ponca School is administering the Iowa Test of Basic Skills (ITBS) and the Cognitive Abilities Test (CogAT).

These standardized tests provide school personnel and parents with feedback concerning students' strengths and instructional needs. It provides a framework for evaluation of students' progress as well as evaluation of curriculum strengths and weaknesses.

Elementary students in grades 2-6 and students in grades 7, 8, 9, and 11 participated in these assessments. We are hopeful that testing results will be available before the end of the school year. Watch May's newsletter for further details.



NATIONAL HONOR SOCIETY



On Monday evening, April 25, 2011, 7:00 p.m., new nominees will be recognized and inducted into the Ponca Chapter in a formal National Honor Society Ceremony at Ponca State Park. The public is invited to attend the ceremony.

Ponca Public School's National Honor Society is a local chapter which is established according to the nationwide National Honor Society organization. National Honor Society was founded in 1921 as an organization which would recognize and encourage academic and citizenship qualities in students. National Honor Society continues its traditions in the 21st century.

Membership in National Honor Society is open to sophomores, juniors, and seniors who have a cumulative scholastic average of 85 percent or above and who demonstrate the qualities of service, character, and leadership. Students carrying a scholastic average of 85 or above are invited to an informational meeting to learn more about National Honor Society. Only those students who complete and return an information sheet by the deadline will be considered for nomination in the National Honor Society. A faculty council comprised of five teachers on staff, review and discuss each student's information sheet, attendance and discipline records, and teacher questionnaires. Private ballots are cast by the faculty council, and those students receiving three out of five "yes" votes are then received as members into National Honor Society.

Every spring, students have the opportunity to be nominated for induction into Ponca High School's local National Honor Society chapter. A constitution and selection guidelines were distributed to those eligible 10th, 11th, and 12th grade students who expressed an interest by attending the information meeting on February 22, 2011. In order to be considered for nomination, students returned their completed information sheets to Mr. Gehring by 4:00 p.m. on March 11, 2011.

LEWIS AND CLARK

CONFERENCE ART EXHIBITION

The Conference Art Exhibition was hosted on February 26th, 2011 by Emerson-Hubbard. The Exhibition was held in conjunction with the Conference Speech Meet. Medals were given in five different categories. Artwork is not competing against each other, but judged according to individual merit. The following students that participated were Tara Millard, Patrick Watchorn, Haley Hangman (2nd and 3rd), Laikyn Libby (2nd), Cheyenne Brown (2 – 1st and 2nd), Kelli Goodwell, Allison Pick, Alycia Pick (1st and 2nd).

THE BIG SHOW

The BIG SHOW was held in Wakefield on March 23rd. Eighteen art students from Ponca participated in this all day event. Ponca 8th-12th grade art students entered 52 pieces of artwork that were judged amongst a total of almost 1,000 entries. Students also participated in African mask painting. Students were given the opportunity to design their own ceramic mask.



The Ponca art students entered 52 pieces of art work and came home with 52 awards!!! It was a fun filled and rewarding day!!!

Kelli Goodsell: 1st and 2nd, **Allison Pick** (4) 2nd and a 3rd, **Alycia Pick** (4) 1st and a 3rd, **Norberto Antonio** 2nd and Honorable Mention, **Cheyenne Brown** (2) Judges Merits and a 1st, **Seth O'Neill** 2nd, **Haley Hangman** (2) 1st a 2nd and (2) 3rd, **Laikyn Libby** (2) 1st and (3) 2nd, **Kelsi Holgate** 1st-2nd-3rd, **Patrick Watchorn** 1st-2nd-3rd, **Connor Brandt** 1st and (2) 3rd, **Hannah Cook** 2nd and 3rd, **Lorena Carmona** 3rd, **Tara Millard** (3) 1st, **Lauren Brickett** (2) 1st, **Hannah Albrecht** (2) 1st and 3rd, **Ethan Swick** Judges Merit and 1st, **Kianna Kramper** Judges Merit and 3rd.

Nutrition Notes

Beverage Breakdown

What difference does one more make?

Use this Beverage Analyzer to get a customized report that will show you the impact of your beverage choices. We bet you'll be surprised to see what pouring one more can do.

www.whymilk.com/beverage._breakdown.php

And Now ...the Moment You've Been Waiting for...

*Ponca Public School
Senior High/Junior High
Vocal Department Presents:*



***A Broadway Spectacular
Dessert Theatre***



April 1st and 2nd

6:00 P.M. Social Hour

6:30 P.M. Performance

Tickets are \$10.00

Tickets may be purchased from the Ponca Elementary Office or from any Ponca High School Chorus Student.

District Music Contest

Friday, April 15, 2011
South Sioux City
High School/Junior High

Contest entries:

Chorus, Swing Choir, Men's Ensemble, Girl's Ensemble

Duets will be performed by:

Kash Echtenkamp and Eric Watchorn
Korah Kramper and Aaron Bostwick
Cheyenne Brown and Nellie Logue

Solos will be performed by:

Aaron Bostwick, Jimena del Campo Lopez,
Oliver Reece, Cheyenne Brown, Nellie Logue,
Zachary Heaton

Quartets:

Korah Kramper, Jordan Perkins, Aaron Bostwick and Eric Watchorn
Marissa Peterson, Jordan Perkins, Kash Echtenkamp and Jayce Gustafson
Isaac Bennett, Jacob Oswald, Rachel Krause and Christiana O'Neill

Girls Ensemble:

Nichole Lux, Jimena del Campo Lopez, Samantha Gill, Mattie Schweers, Hannah Cook,
Megan Rager, Kelsi Stoos, Maddie Kinnear, Marissa Peterson,
Lorena Carmona, Dorian Eifert, and Rylee Rich

High School Chorus and Swing Choir will also perform.



April 12th

Pre Contest Concert



7:00 p.m.

April 15th

District Music Contest @ South Sioux City

May 3rd Elementary Spring Concert



7:00 p.m.

April Music Performances



HUNTER SAFETY CLASS



A twelve hour Hunter Safety class will be held at the Martinsburg Community Hall "old school house" from 7-10 p.m., April 12th, 14th, 19th & 21st.

Students must be at least 12 years old to attend and must attend all 4 sessions.

If you are interested or need more information, please contact

Monte Roeber @ 402-635-2334 Charlie Mahler @ 402-945-2951 Bob Kumm @ 402-635-2052
Doug Smith @ work 402-635-2129 @ home 402- 945-2833



Dave Heineman
Governor

STATE OF NEBRASKA
DEPARTMENT OF ROADS
Monty W. Fredrickson, P.E., Director - State Engineer

February 18, 2011

Ponca High School
505 West 3rd Street
Ponca, NE 68770

RE: SCHOOL SPIRIT SIGNS

Recently there has been an increase in instances where local individuals have placed school spirit signs along the edge of the highway (usually around State Tournament times). More instances of using steel fence posts and "signs" with the names of the athletes placed at the edge of the pavement seem to be occurring. We view this as a safety issue for both drivers and those erecting the signs. In addition they may interfere with snow removal and other maintenance operations. This activity is prohibited by State Statute 39-1359. If these types of signs or any other spirit signs appear on the ROW please contact the respective school booster club or team officials, explain the statute and the dangers and ask their assistance with the prompt removal of the signs. If they do not remove the signs then, state maintenance forces will remove them as soon as practical.

State Statute 39-1359 Rights-of-way; inviolate for state and Department of Roads purposes.

The rights-of-way acquired by the department shall be held inviolate for state highway and departmental purposes and no physical or functional encroachments, structures, or uses shall be permitted within such right-of-way limits, except by written consent of the department.

Please share the above information with your Booster Clubs, Athletic Director, coaches and teams. If you have any questions, please call (402)375-7070.

Thank you,

Richard Soden
Hwy. Maintenance Supt.

FIFTH DISEASE: "SLAPPED CHEEK DISEASE"

*****We have had a few elementary students who have contracted Fifth Disease. Please read the following information regarding the viral disease. If your child is running a fever, we ask that you keep him/her home from school.*****

WHAT IS FIFTH DISEASE?

It is a harmless viral illness caused by Parvovirus. It is so called because it was the fifth fever and rash illness identified (along with chickenpox, measles, etc.). It is also called "slapped cheek disease" because of its major distinguishing characteristic – bright red cheeks that look like the child has been slapped. It can also infect adults.

WHAT DOES FIFTH DISEASE LOOK LIKE?

- Bright red cheeks with pale skin around the mouth.
- A red lacy or bumpy rash can occur on the chest, abdomen, and back, which can then spread to the extremities. It can be itchy.
- This face and body rash can fluctuate from better to worse with temperature and weather changes. Sunlight exposure can make the rash flare up.
- This rash can sometimes come and go for several months.
- Fever is present in 25% of cases.
- Mild cold symptoms may occur.
- Some people will experience headache, body aches, and muscle aches.
- Some cases will have general aches and fever, which resolve, then have the rash break out 1 – 3 weeks later.
- Some children will only have a rash, with no other symptoms or fever.
- Adults, especially women, may experience joint pain and swelling.
- Some cases can come and then resolve without anyone even detecting it.

IS IT CONTAGIOUS AND HOW DO I CATCH IT?

It is most contagious the day before the rash starts, the day before any fever starts, and for as long as any fever is present. Once the fever is gone for 24 hours your child is no longer contagious, even though the rash will continue for a few days to a few months. If your child does not have a fever, then she is no longer contagious the day after the rash starts.

The virus is transmitted from a cough, runny nose, or saliva. Only humans are affected. It's not caught from animals.

The incubation period (the time from when you are exposed to the time you will become sick) is 4 – 14 days, sometimes as long as 21 days.

I AM PREGNANT. CAN THIS INFECTION HARM THE FETUS?

If a pregnant woman is exposed to this illness for the first time in her life, and she comes down with the symptoms of the illness, then there is a very small risk of a miscarriage. This risk is much greater during the first half of pregnancy. However, the good news is that the vast majority of adults have acquired this infection at some point during their lives, and are therefore immune to it. A pregnant woman who is exposed to this illness can speak with her OB about testing for it.

IS THERE A TEST FOR FIFTH DISEASE?

Yes, there is a blood test, but it is rarely used in children since it is not very important to know for certain if your child has it. The test can be done for pregnant women to see if she is immune to or has been recently infected with the virus.

IS THERE A TREATMENT FOR FIFTH DISEASE?

No. Simply treat any symptoms that are bothering your child. If your child is uncomfortable from itching, use Benadryl liquid. This may make your child drowsy, but it can really help the itching. Click on [Benadryl](#) for dosing.

IS THERE ANY IMMEDIATE HARM FROM FIFTH DISEASE?

For normal healthy adults and children, this disease is self-limiting and will resolve with no problems, except for a few adults (mostly women) who may have some uncomfortable joint pains and swelling for several weeks.

There is one situation to be aware of. If you or your child has sickle cell anemia or any other hemolytic anemia, or has an immune deficiency disorder, this virus can cause a severe, life-threatening sudden anemia. If your child has this risk, and has been exposed to fifth disease, see your doctor.

VERY IMPORTANT MESSAGE TO PARENTS!!!

NEW VACCINE REQUIREMENTS

FOR THE NEXT SCHOOL YEAR (2011-2012)!

Starting next fall (August 2011), all Nebraska students in grades K-12 are required by law to have 2 doses of varicella (chicken pox) vaccine OR written proof of having had the chicken pox disease.

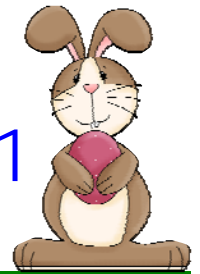
Please schedule an appointment with your physician or your local immunization clinic as soon as possible to vaccinate your child if they don't meet these requirements. Please send proof of vaccination to the school, as **students will not be able to start school in the fall if they don't meet Nebraska state immunization guidelines.** If you have any questions, please notify Mrs. Herfel at Ponca Public School.

Goldenrod Hills will be in Ponca on May 10th, and July 12th from 11-2 pm. They will also be in Newcastle on April 12th, June 14th, and August 9th from 11-2 pm. Please call 402-529-3513 for an appointment.

Dakota County Immunization Clinic is held every Thursday from 9:30am-11:30am, and 1:30pm-3:45pm. Call 402-987-2164 for an appointment.



Jackson Elementary ~ April 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			April 19 - Preschool Open House April 22 & 25 No School Happy Easter! April 29 - Kindergarten Roundup		1 <u>April Fools Day</u> Omelet Tri-Tater Banana Bread Orange Slices	2
3	4 Chicken A La King Corn Bread and Butter	5 Chicken Fajitas Chips & Cheese Tater Tots Lettuce Salad & Ranch Dressing	6 Cheeseburger French Fries Mandarin Oranges 	7 Roast Beef Mashed Potatoes with Gravy Green Beans Roll with Butter	8  Cheese Pizza Carrots With Ranch Dip Mixed Fruit	9
10 	11 Dog on a Log French Fries Applesauce Jello	12 Chicken Strips Mac & Cheese Broccoli & Cauli- flower with Ranch Dip Banana	13 Breaded Pork Patty Mashed Potatoes with Gravy Roll with Butter Peaches	14 Spaghetti with Meat Balls Lettuce with Ranch Dressing Bread Stick Orange Slices	15 French Toast Scrambled Eggs Tri-Tater Pears	16
17	18 Corn Dog Curly Fries Apple	19 Soft Shell Taco Lettuce with Ranch Dressing Pineapple	20 Turkey Roast Mashed Potatoes with Gravy Corn Roll with Butter	21 Pizza Carrots with Ranch Dip Mixed Fruit 	22 NO SCHOOL 	23
24 	25 NO SCHOOL	26 Breaded Chicken Patty Mashed Potatoes with Gravy Roll with Butter Baked Apple	27 Hot Dog on a Bun Curly Fries Mandarin Oranges	28 Beef & Noodles Peas Hot Roll Grapes	29 Cheeseburger Pickle Green Beans Strawberries	30



April 2011



Monday

Tuesday

Wednesday

Thursday

Friday

Easter



1 Fish Portion
Hush puppies
Corn
Peaches

4 Crispito/Chili/ Cheese
Lettuce Salad
Apple Crisp

5 Chicken Fried Steak
Mashed Potato/Gravy
Corn
Fruit and Jello
Roll

6 Tater Tot Casserole
Green Beans
Pears
Roll

7 Popcorn Chicken
Smiley Fries
Baked Beans
Fruit Cocktail
Roll

8 Tuna and Noodles
Peas
Banana
Roll

11 BBQ Meatballs
Scalloped Potato
Green Beans
Peaches
Roll

12 Chicken Patty
Mashed Potato/Gravy
Corn
Rasp. Applesauce
Roll

13 Beef Taco
Lettuce / Cheese
Tri-Taters
Mandarin Oranges

14 Scalloped Potato/Ham
Peas
Pears
Roll

15 Shrimp Poppers
Potato Rounds
Cole Slaw
Apple
Roll

18 Beef Blasters
Rice
Green Beans
Pineapple
Roll

19 Ham Sandwich
Mac and Cheese
Corn
Peaches

20 Pizza
Chips
Lettuce
Pears

21 Mini Corn Dogs
Fries
Carrots
Fruit Cocktail

22
**NO
SCHOOL**

25
**NO
SCHOOL**

26 Chicken Fajita
Lettuce / Chesse
Cinn. Applesauce
Roll

27 Hot Dog/Bun
Nacho / Cheese
Corn
Orange

28 Chicken and Biscuit
Green Beans
Pears
Choc. Cake and Hot Sauce

29 Hamb./Bun
Baked Beans
Scalloped Potato
Pineapple

Attention Juniors, Seniors, and Parents.... After-Prom 2011!!!!!!

The Ponca After-Prom date is approaching quickly!!! This event will be held at Pro Bowl in Vermillion. The deadline to register is Friday, April 8th with a \$5.00 charge per student. See Mrs. Walsh in the guidance office to register. This must be indicated at the time the students register.

The prom dance ends at 12:00 and the students need to be at Pro Bowl and breathalyzed at the door by 1:00 a.m. We need your cooperation & assistance in relating this information to the students to avoid any misunderstandings. The post-prom committee has hired a comedian to entertain at post-prom this year. Also, as in the past, there will be pizza and prizes.

Parents WILL BE notified, if their child registered and did not attend.
The Ponca After-Prom party will end at 5:00 a.m.

Please encourage your son/daughter to attend...we are looking forward to a GREAT NIGHT!!

Ponca School Newsletter
Ponca Public School
Ponca, Nebraska 68770

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CHANGE SERVICE REQUESTED

E C R W S S
Postal Patron

PONCA PUBLIC SCHOOL

APRIL 2011

