

October 2014

PONCA PUBLIC SCHOOL

505 3rd Street, P O Box 568
Ponca, NE 68770

www.poncaschool.org

223 North John Street, P O Box 67
Jackson, NE 68743



Information from Joan M. Reznicek, Superintendent of Schools

The month of October is upon us which brings the season of fall, harvest time, beautiful fall colors with the leaves on the trees, and the end of the first grading period. Can you believe that we have completed a quarter of the 2014-2015 school year?? **The first grading period ends on Wednesday, October 15th.**

Reminder: **NO SCHOOL – MONDAY, SEPTEMBER 29TH** due to a professional development day for the teachers.

If you were not able to attend the 7th – 12th grade **Parent/Teacher Conferences** due to a conflict in schedules, I stress that you call your son or daughter's teacher(s) and discuss grades, motivation in the classroom, and/or any improvements that could take place to solve any problems or call the teacher(s) to hear all of the positive remarks the teacher(s) makes regarding your child!!! If we take care of small problems now, the difference could improve motivation, attitude, and grades. Your son or daughter's grades today may affect their entrance into college later. So let's make sure your son or daughter has a great start to the school year with outstanding grades!!

SCHOOL REACH CALLING SYSTEM: With the fall season starting on Tuesday, September 23rd, the thought of winter cold, wind, and snow can cause shivers just thinking about it. As a student or parent, the phone calls, texts, and/or emails through the School Reach calling system to inform students and parents of late starts, early dismissals, or no school at all could be coming soon. With the School Reach system, the recorded message may take a few seconds to deliver the important message. So instead of calling the school immediately, please be patient and wait for your message allowing the school phone lines to remain open for our emergency needs. **ALSO, if your answering machine is set to record for a short 15 second message, you may want to increase the time so the entire message will be heard. This will also eliminate the need to call the school.**

If you have changed your phone numbers, changed emergency contact people, or someone has asked you to take them off of your contact list, please let us know for the School Reach calling system. It is very frustrating to individuals who may be on an emergency calling list but yet are disturbed to receive phone calls early in the morning!

As the cold weather approaches, please make sure your elementary child is dressed appropriately for recess. They should have a coat, mittens, and boots. As well as the high school students, they need to have necessary clothing as they are driving to school in case they have vehicle problems. We want to keep our students as healthy as possible. Just as a reminder, all of our classrooms have sanitizing wipes to clean the desks and a sanitizer for the hands.

Upcoming Dates:

Monday, September 29th: NO SCHOOL – Professional Development Day

Thursday, October 23rd: Parent/Teacher Conferences for Grades PreK – 6 from 2:00 – 8:00 (early dismissal)

Monday, October 27th: NO SCHOOL – Fall Break

Thursday, November 27th & Friday, November 28th: NO SCHOOL – Thanksgiving Vacation

Friday, December 19th: End of the 2nd quarter/1st semester.

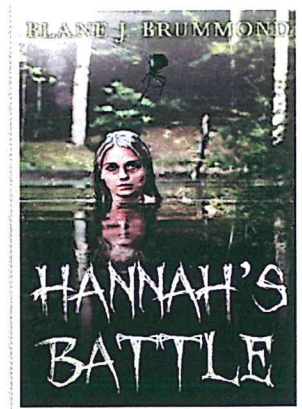
Notes from the High School

By the time you read this your child will have brought home a first quarter Midterm Report, Parent/Teacher conferences will have taken place and we will be closing in on the end of the first quarter. First quarter report cards will be given to students on October 22. If your child fails to bring home a report card you can check his/her grades on PowerSchool or call the school and a copy of the report card will be mailed.

October 23-31 we will be celebrating Red Ribbon Week. Students will be involved in several activities to promote drug free and healthy life styles. Red Ribbon Week is a uniform way for communities nationwide to take a stand against drugs and drug use. Red Ribbon events and activities help educate individuals, and families, about the destructive effects of drug use. Research shows that children are less likely to use alcohol and other drugs when parents and other role models are clear and consistent in their opposition to substance use and abuse. Take time to talk to a child today and often about the dangers of drug abuse.

LIBRARY NEWS

Ponca's newest published author, Blane Brummond, will be sharing from his book **Hannah's Battle** during library classes on Thursday and Friday, October 16 and 17. The setting for his exciting adventure book, geared for intermediate aged children, is our own Ponca State Park. His daughter Laikyn, a Ponca High School graduate, provided the illustrations for chapter headings in the book. He will bring books to sell for \$10.00 apiece and is willing to autograph them as well. We are really looking forward to his visit.



FOOD DRIVE

Members of the **Ponca chapter of the National Honor Society** will be conducting a food drive during the month of October to help those in need in our community and surrounding area. Boxes will be placed with local churches to collect donated canned and dried foods. Jackson and Ponca Elementary students will be invited to bring a canned food item to school to add to the collection

Reminder: Pep Band Dates for October

9th: Volleyball - be at school by 6:30

10th: Football - be at field by 6:15

21st: Volleyball - be at school by 6:30

24th: Football - be at field by 6:15

Thanks!! Jessica Steckly, Band Director



Elementary News

The first month of school has passed and everything is going smoothly. The students and staff have settled into their routines and everyone is working hard. Midterm grades have been sent and Halloween decorations are popping up around the building, October must be here.

As the weather begins to change indoor activities become more prevalent. Organizations and individuals wanting to use the school building should make sure their events are on the school calendar.

The HyVee receipt program has been very good to us the past couple of years. We have received nearly \$1000 dollars from the program. The proceeds from this program have purchased books, playground equipment, and help fund our spring field trip. Please save your receipts and bring them to school.

Even though school is going smoothly there are some areas that need to be tweaked. If you are picking students up after school in Jackson please realize they will be dismissed through the main entrance. Parents please do not enter the building during the dismissal period. Please wait for your child outside the building.

Homework is a necessary part of the education process. It is not busy work or punishment. Homework is a practice of the concepts learned during the day and a review of concepts from previous days. The homework assigned by teachers should not last more than two hours. Students should use their study time in school to work on homework assignments. Please visit with your child about using their time in school wisely and effectively.

Please check into the office when entering the building. We are having problems with parents entering the building without checking in. We are trying to make sure our buildings are safe and secure. Checking into the building helps keep track of who is in the building. Please pick up your children outside the building when school is dismissed, there is enough congestion in the halls without adding more people.

Parent-teacher conferences are **Thursday, October 23rd in Ponca** from 2:00pm to 8:00pm. We are asking parents to please be on time for your appointment and remember your allotted time is 10 minutes. If you need more time please make arrangements with the teacher. Make sure you come prepared for conferences, have questions you want to ask written down and make good use of the conference. It is difficult to have an effective conference with the student present, please try to make arrangements to attend the conference without your child.

If you are coming to school to eat lunch with your child please do not bring fast food. We would prefer you eat the school lunch or bring a sack lunch.

- The end of the 1st quarter is October 15th.
- No school October 27th.
- Picture retake day is October 23rd in Jackson and Ponca.
- The next school board meeting is October 20th at 7:30pm at Ponca.

Happy Halloween!



What is the NSCS Advantage?

The Nebraska State College System (NSCS) Advantage serves students, area communities, and the State of Nebraska by guaranteeing that students who receive federal Pell Grants and enroll as first time freshmen will pay **no tuition** at Chadron, Peru and Wayne State Colleges. **The award is renewable.**

The Advantage program provides the difference between the cost of tuition and the amount of tuition assistance, which includes:

- Federal Pell Grants.
- Supplemental Educational Opportunity Grants (SEOG).
- Nebraska Opportunities Grants (NOG).
- Institutional waivers, foundation scholarship assistance and other awards.

To Qualify for the Program

Students must:

- Be a Nebraska resident.
- Be a Federal Pell Grant recipient.
- Be a first-time freshman.
- Be in academic good standing.
- Be enrolled in at least 12 on-campus credit hours each semester.

Students must submit the Free Application for Federal Student Aid (FAFSA) and Application for Admission to Chadron, Peru or Wayne State College.

Note: The award is not available for transfer students outside the NSCS.

Credit Hour Limit

The award is limited to a maximum of 16 credit hours per semester (summer term is excluded) at the on-campus tuition rate.

Maintaining Eligibility

To continue receiving tuition assistance through the NSCS Advantage program, a student must:

- Be a recipient of a Federal Pell Grant.
- Complete the FAFSA by June 1 each year.
- Enroll in at least 12 on-campus credit hours at Chadron, Peru or Wayne State College each semester.

For more information visit www.nscs.edu/advantage

The Nebraska State College System

The Nebraska State College System serves close to 9,000 students from Nebraska and surrounding states through three geographically diverse institutions: Chadron State College, Peru State College and Wayne State College. Combined, the three colleges offer more than 200 degree, certificate, and pre-professional programs that are accessible on the three campuses, via the internet, and in several satellite locations throughout the state.



1000 Main Street
Chadron, NE 69337
1-800-242-3766
www.csc.edu



Chadron State College is situated in northwest Nebraska near two state parks and a national forest. The average ACT scores of incoming freshmen at CSC are above the Nebraska and national averages. Online bachelor's and master's degree programs are available as well as numerous on-campus degree programs, activities and services.



PO Box 10
Peru, NE 68421
1-800-742-4412
www.peru.edu



PSC's "Campus of a Thousand Oaks," an arboretum, is nestled in historic southeast Nebraska. The state's first college, Peru State offers a unique mix of innovative online and traditional classroom undergraduate and graduate programs, including online graduate degrees in education and organizational management. Peru State is a college of choice fostering excellence and student achievement through engagement in a culture that promotes inquiry, discovery and innovation.

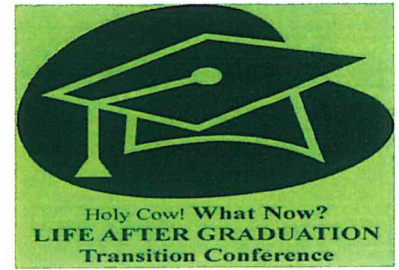


1111 Main Street
Wayne, NE 68787
1-866-972-2287
www.wsc.edu



Wayne State College is a dynamic institution providing an affordable education in a student-centered atmosphere in Wayne, Neb. for students from 39 states and 22 countries. The college offers a student-to-faculty ratio of 18 to 1 and more than 80 majors and minors. WSC students may choose from more than 100 on-campus organizations and more than 400 student-centered activities each year.

October Information From the Guidance Office....Mrs. Hassler



P.S.A.T. Test for Juniors

The Preliminary Scholastic Aptitude Test (PSAT) is scheduled for the morning of Wednesday, October 15, 2014.

This test is administered annually through the guidance office to those juniors who have voluntarily registered (and paid) for it. The purpose of the PSAT is twofold: 1. The test is designed for students who plan to enroll in a four-year college. It provides them with practice for the Scholastic Aptitude Test-S.A.T. (a college entrance test) which they may take during their senior year. 2. The PSAT serves as a pre-determinant in qualifying for the National Merit Scholarship. In the event a student scores high enough on the PSAT he/she is then eligible to apply for the National Merit Scholarship. If your son or daughter has registered for the PSAT, please remind them that a good night's sleep and breakfast prior to the test are helpful test-taking tips over which they have control! If you have questions or comments concerning the PSAT contact Mrs. Hassler at the school.

Red Ribbon Week Plans are Being Finalized

The National Drug and Alcohol Awareness Week "Red Ribbon Week" will be celebrated at Ponca School during the week of October 20-24.

The planning committee for "Holy Cow! What Now?" invites students who use special education services, teachers and parents to the fifth annual **Holy Cow! What Now? LIFE AFTER GRADUATION Transition Conference**. This event will be on **November 12, 2014, 9:30 am – 2:00 pm, registration begins at 9:00 am** at Northeast Community College's Lifelong Learning Center in Norfolk. Participants will be able to attend educational and career centered sessions, roundtable discussions, and a vendor fair to learn more about how to navigate available work and school options in our communities. **The conference is free to participants and pre-registration is preferred.** Registration information is available at www.northstarservices.net and through your local high school's special education department or Educational Service Unit. For more information about this conference please contact: [Angie Ortmeier](mailto:Angie.Ortmeier@necc.edu) or [Veronica Jaqua](mailto:Veronica.Jaqua@necc.edu) (402) 375-4884.

TRI-STATE COLLEGE FAIR

Make plans to attend the Tri-State College Fair with your high school age student! The college fair is scheduled for Sunday, October 5, 2014, at the Marina Center in South Sioux City, NE. The program will be from 12:30 PM to 3:00 PM. Over 100 college, vocational, and military representatives will be available. Additionally, financial aid planning sessions are scheduled. This is an excellent opportunity for high school students to begin their college/career searches.

This year students attending the Tri-State College Fair should pre-register for a "barcode admissions ticket" prior to coming to the college fair. They need to go to the following web site and answer demographic information. Then, they can print their barcode ticket and bring that ticket to the college fair. When they visit with the colleges, the admissions representatives will scan their barcode tickets to obtain the students' name and contact information. Here is that web site:

www.nebraskacollegefairs.org/

Please make plans to attend the Tri-State College Fair. Hope to see you there!

ATTENTION PARENTS/GUARDIANS SCHOOL REACH INFORMATION



Please verify and update your information on PowerSchool under the School Reach button. The contacts and numbers that are included under School Reach will be called when Ponca Public Schools makes an announcement of a change to our school day. (For Example: Snow Day!, early out, late start, etc.)

Frequently asked questions regarding SchoolReach...

How do I log on to SchoolReach?? Log into the parent portal of PowerSchool to make the changes. You can also change your contact information online by clicking the SCHOOLREACH logo once you have logged into PowerSchool. (Please note that this feature is not available under the student's PowerSchool login).

What if I can't log in or have forgotten my log in information? Please contact Kristie Hayes, School Technologist by e-mail (khayes@esu1.org)

Do I need to make the changes to all my children?? If you are removing a contact, please make sure it is removed from ALL your children. If you have multiple children or the same phone number listed more than once in our database, you will receive only one phone call from our system.

Who should I include on my SchoolReach list? Include anyone you feel should be notified of a change to our school day. Please realize that if school is cancelled in the morning, the phone calls may come as early as 6:00 a.m. So if someone doesn't want that early wake up call – don't include them!!

Should I include my children's phone numbers? That is your decision, but including your children's cell number may be helpful when our school day changes unexpectedly.

Why didn't my changes update? Don't forget to scroll to the bottom of the screen and click SUBMIT.

Can I receive a text message?? Yes. Please answer YES or NO under each cell phone user.

What if I receive a call from Ponca School? Do I call back? No. Wait to see if there was a voice mail received

What if I don't have access to the internet? Please contact the office at school, we will send home a form with your student.

ATTENTION: JR. AND SR. PARENTS



Post Prom Planning Meeting
Wednesday, October 15th
6:00 p.m.
Ponca Public School



Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."

The Ponca Public School requests your help in locating handicapped children. The school implements the Federal Handicapped Children's Act (PL 94-142) and Nebraska statute which guarantees a free appropriate educational program for all children between birth and 21 years of age.

This institution is an equal opportunity provider.

PARENTS



Parents—do you know what's being served in your Child's school cafeteria? The answer may surprise you!

National School Lunch Week is October 13-17. The 2014 theme, "Get in the Game with School Lunch" celebrates the importance of balancing good nutrition with physical activity. Talk to the cafeteria manager at your child's school to see what's for lunch this week!

To dAy'S & Ho o L Lu Nc H

Serving 31 million children every school day, the National School Lunch Program (NSLP) provides nutritionally balanced, low-cost and free meals to students. Today's school cafeterias are:

-  Offering students fruits and vegetables every day
-  Increasing offerings of whole grains
-  Limiting calories, fat, and sodium to age-appropriate levels
-  Introducing locally-grown ingredients, chef-inspired recipes, and even lunchroom lessons about healthy eating

To learn more about school meals, visit www.ateitalk.org



Anne-Arundel County Schools, MD

GET IN THE GAMe To GETHER!

Engaging in physical activity as a family can be a fun way to get everyone moving. Kids need 60 minutes of play with moderate to vigorous activity every day—but it doesn't have to occur at once, it all adds up! Here are a few activities and steps that you and your family can consider to get started on a path to a healthier lifestyle:



As a family, commit to taking the stairs instead of the elevator.



Take a walk around the block in the evening after dinner.



Encourage your kids to try a new sport or activity—whether it's a recreational league, school team, or club.



Walk to and from school together a few times a week.



CHOBANI
HOW MATTERS™

For more information about the School Nutrition Association (SNA), please visit us online at www.traytalk.org or call (800) 877-8822.



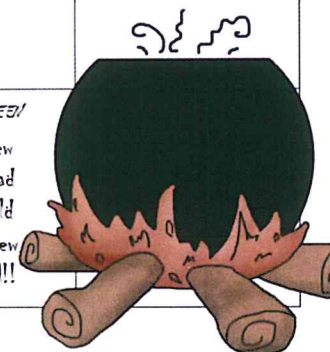
Jackson Elementary

October 2014

BOO

Witch's Brew
 4 eyeballs, assorted colors
 1 slice moldy bread
 1 cup slime
 3 toad toes
 6 skeleton teeth
 Handful of cob webs
 Mix together in a large cauldron.
 Bring to a boil, simmer until screaming is heard.
 Enjoy!


Mon	Tue	Wed	Thu	Fri	Sat
Oct. 8th - Early Dismiss J 1:55, P 2:15 Oct. 15th - End of 1st Quarter Oct. 23rd - School Picture Re-Takes Early Dismiss J 1:10, P 1:30 Conferences K - 6th Grade Oct. 27th - No School		1 Meatloaf Baked Potato Corn Rye Bread Mixed Fruit	2 Pizza Celery & P.B. Carrots & Ranch Dip Pineapple	3 Soft Shell Taco Lettuce & Tomato Carrots & Ranch Dip Apple	4
5 Witch's Brew 4 eyeballs, assorted colors 1 slice moldy bread 1 cup slime 3 toad toes 6 skeleton teeth Handful of cob webs Mix together in a large cauldron. Bring to a boil, simmer until screaming is heard. Enjoy!	6 Hot Dog on a Bun Baked Beans Applesauce	7 Chicken Nuggets Mashed Potatoes with Gravy Broccoli Grapes	8 Vegetable Beef Soup Cooked Carrots Bread Stick Pears	9 Sausage Egg Biscuit Tater Tots Apple Juice	10 Chicken Quesadilla Lettuce & Tomato Salsa Wax Beans Peaches
13 Cheeseburger French Fries Pineapple	14 Popcorn Chicken Mashed Potatoes With Gravy Beets Pears	15 Chili Roll Carrots & Ranch Dip Celery & P.B. Orange Slices	16 Crispito with Chili Lettuce & Tomato Black Bean Salad Grapes	17 Dog on a Log Baked Beans Strawberries Jello	18
20 Turkey-Cheese Rollup Lettuce & Tomato Wax Beans Mandarin Oranges	21 Corn Dog Sweet Potato Fries Pears	22 Tomato Soup Grilled Cheese Peas Mixed Fruit	23 Roast Pork Mashed Potatoes With Gravy Roll Baked Apples	24 Pizza Carrots & Ranch Dip Beans Peaches	25
26	27 NO SCHOOL	28 Cheeseburger French Fries Lima Beans Pineapple	29 Spaghetti With Meatballs Lettuce & Tomatoes Broccoli & Ranch Dip	30 Mandarin Orange Chicken Buttered Potatoes Green Beans Applesauce	31 HAPPY HALLOWEEN! Eyeball Stew Moldy Bread Goblin's Gold Witches Brew I SCREAM!!



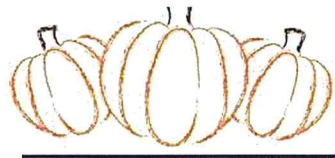


October 2014

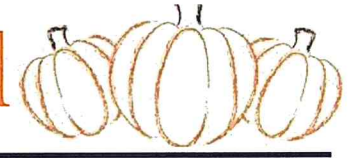



Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 NO SCHOOL Professional Development Day Football @ Homer JH 4:00 JV 5:45 JH Volleyball- Home vs. Sgt. Bluff 4:00	30 Ponca Volleyball Invite 5:00 (Wynot/ Emerson-Hubbard/ Allen/Ponca)	1	2 Volleyball-Varsity Tri-Valley Invite Times/Locations-TBA Football – JH Only Home vs. Westwood 4:00 p.m.	3 Football - Away vs. Laurel-Concord-Coleridge 7:00 p.m.	4 C Team Volleyball @ Pierce 9:00 a.m. Volleyball-Varsity Tri-Valley Invite Times/Locations-TBA
5 Tri-State College Fair SCC 12:30-3:00	6	7 Volleyball @ Wakefield C-B-A 5:30 p.m.	8 Early Dismissal Professional Development Jackson Dismissal @ 1:55 Ponca Dismissal @ 2:15 Music Booster Meeting 6:00 Ponca School	9 JH Volleyball - Home vs. Allen 3:00 Volleyball - Home vs. Hartington CC C-B-A 5:00 p.m.	10 Football – Home vs. Wisner-Pilger 7:00 p.m.	11 Volleyball JV & Varsity Gayville-Volin Invite Times TBA
12	13 JH Volleyball @ Homer 3:00 JV Football @ Hartington CC 6:00 JV & C Team Volleyball Home vs. Wakefield 5:00	14 Sophomore Career Day at Wayne State College JH Volleyball @ Coleridge vs. L-C-C 3:00	15 P.S.A.T. Test (Sophomore & Juniors who volunteered) Post Prom Meeting 6:00 p.m. @ Ponca School End of First Quarter	16 Volleyball-Varsity Walthill Invite - 5:30 (Hartington-Walthill-Ponca) 6th graders to Orpheum @ 9:30 a.m.	17 Football - Away vs. Stanton 7:00 p.m.	18 Volleyball-Varsity Hartington Invite 9:00 Volleyball JV & Freshman Wakefield Invite TBA
19	20 ASVAB Test (Sophomore & Juniors who volunteered) JH Volleyball @ Hartington 3:00 JV & C Volleyball @ Wisner 5:30 9th/10th Football @ SSC 5:00 p.m. Board Meeting 7:30	21 JH Volleyball-Home vs. Wakefield 3:00 Volleyball-Home vs. Laurel C-B-A 5:30 p.m.	22 Curtis Green Presentation Grades 7-12 9:00 a.m.	23 PICTURE DAY Re-Takes @ Jackson and Ponca Jackson Dismissal @ 1:10 Ponca Dismissal @ 1:30 K-6 Parent-Teacher Conferences 2:00 – 8:00 held at Ponca School	24 Football – Home vs. Homer 7:00 p.m.	25 Conference Volleyball First Round Times/Location TBA Junior High Honor Band @ Homer
26	27 NO SCHOOL Conference Volleyball 2nd Round @ Allen Times TBA	28 Lewis and Clark Conference Volleyball Finals @ Laurel	29	30 Student Council Blood Drive 9:00-3:00	31 Football Playoffs First Round 	1 Junior High Dance 7-10 p.m. Ponca Gym

Red Ribbon Week - - - - -



October 2014-Ponca School

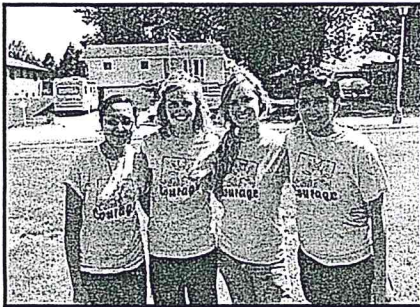


Mon		Tue	Wed	Thu	Fri
Milk Served with Meal Meals Subject to Change			1 Omelet Pancakes Orange Juice Fruit and Veggie bar	2 Scalloped Potatoes with Ham Carrots Fruit and Veggie Bar	3 Chicken Noodle Soup PBJ Sandwich Fruit and Veggie Bar
		6 Super Nachos Rice Krispie Treat Fruit and Veggie Bar	7 BBQ Pork Sandwich Baked Beans Fruit and Veggie Bar	8 Chicken and Rice Casserole Peas Fruit and Veggie Bar	9 Pizza Chips Fruit and Veggie Bar
13 Tavern Potato Cubes Fruit and Veggie Bar		14 Pork Fritter Mashed Potatoes/ Gravy Roll Fruit and Veggie Bar	15 Popcorn Chicken Broccoli with Cheese Sauce Roll Fruit and Veggie Bar	16 Goulash Cheesy Bread Stick Fruit and Veggie Bar	17 Chicken Fajita Spanish Rice Fruit and Veggie Bar
20 Chicken and Biscuit Peas Fruit and Veggie Bar		21 Scrambled Eggs Sausage Juice Fruit and Veggie Bar	22 Chicken Fried Steak Mashed Potatoes/ Gravy Roll Fruit and Veggie Bar	23 Chicken Nuggets Macaroni and Cheese Roll Fruit and Veggie Bar	24 Crispito with Chili and Cheese Banana Cake Fruit and Veggie Bar
 27 No School Fall Break 		28 Burrito Chips with Cheese Fruit and Veggie Bar	29 Chili Cinnamon Roll Fruit and Veggie Bar	30 Chicken Patty Mashed Potatoes with Gravy Roll Fruit and Veggie Bar	31 Corn Dog Baked Beans Fruit and Veggie Bar 

When young people need to heal from loss...

Hospice of Siouxland offers a grief support series for families with children age 6 to 17 who are grieving the death of a loved one.

Grief can throw the healthiest family out of balance for a while and each family member grieves in their own way. Family Nights provide both children and adults a caring environment in which they will be able to feel supported and “grieve out loud” as they move through the healing process.



*Facing grief is a big task that no one
should have to do alone.*

Family Nights

Support Program for Families
with Grieving Children

When: The 3rd Monday of each
month during the school year (call
to check dates)

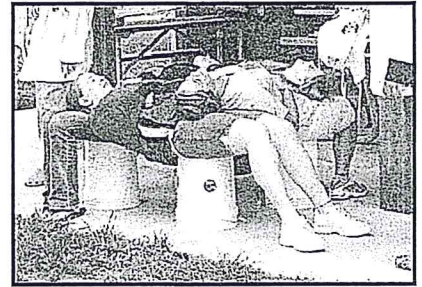
Time: Sessions run from 6:30 -
8:00 pm. Children and teens are
divided by age. Adults meet
concurrently.

Location: Hospice of Siouxland

Cost: There is no set fee; donations
are accepted

Each session has a theme and is
facilitated by professional staff and
trained volunteers. Families can
attend any and all sessions they
want to until they feel the natural
capacity to heal has taken place.

For details on upcoming Family
Nights please call Hospice of
Siouxland at (712)233-4144 or
1-800-383-4545 and ask for John,
or complete and mail in the
attached form.



Grief looks different for
everyone. It is especially hard
for families when mother,
father, and siblings are each
grieving in their own ways,
often at different times.


Hospice
of Siouxland

Family Nights is designed to give family members of all ages a chance to process their grief and gain the support of peers. Extended family members are welcome to attend. Each program runs from 6:30 to 8pm at our office on 4300 Hamilton Blvd, Sioux City, IA 51104. You are always welcome to bring pictures or special reminders of your loved one to share with the group.

Themes:

- 09/15 - Family Coat of Arms: Finding strength for the Grief Journey
- 10/20 - Feelings: We all have 'em - what do we do with 'em?
- 11/17 - Special Days: Honoring the Past, Living the Present
- 01/26 - Someone To Watch Over Me: Staying Connected, Accepting Support
- 02/16 - Loving the deceased, Loving the living
- 03/16 - Changing Seasons: Inside and Outside
- 04/20 - Photographs and Memories: Journaling/Scrapbooking your way through grief

Each Family Night is open to any family in the area with school aged children and teens who grieving the death of a loved one, whether the deceased was a Hospice of Siouxland patient or not. Families can attend as many programs as they like. There is no charge, but we ask that you register so that we can have enough supplies and staff on hand. Please call the main number (712-233-4144 or 800-383-4545) and ask for John to register for a Family Night or to ask questions. All Family Nights will be held at the Hospice of Siouxland office at 4300 Hamilton Blvd, Sioux City, IA 51104.

Ponca School Newsletter
Ponca Public School
P O Box 568
Ponca, Nebraska 68770

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Ponca, NE 68770

CHANGE SERVICE REQUESTED

ECRWSS
Postal Patron

PONCA PUBLIC SCHOOL

OCTOBER 2014



Congratulations!



2014 Homecoming



*King Jordan Markworth and
Queen Kianna Kramper*