



Local Public Health Recommendations for the Exclusion & Re-Admittance of COVID-19 Exposed Students and Staff in Schools

A. Household members of someone who is positive for COVID-19.

All household members should be excluded from school and asked to quarantine for a period of no less than 14 days from their last date of exposure with the positive household member. If the person who is positive is unable to completely isolate away from household members, the household member(s) will have an additional 14-day quarantine period after the person who is positive is removed from isolation. For example: If the positive individual is in isolation for 10 days but cannot isolate completely away from others, the household members will have a total of 24 days of quarantine: 10 + 14 = 24 days.

B. An individual (A) lives in the same household as a close contact (B) who is quarantining because of an exposure outside of the household.

As long as the close contact (B) who is in quarantine does not have symptoms and the individual (A) was not involved in the COVID-19 exposure event, the individual (A) can participate in activities outside the home. If the close contact household member (B) who is in quarantine becomes symptomatic, the individual (A) then needs to quarantine. If an alternative diagnosis is determined for the close contact household member (B), the individual (A) may be released from quarantine. Consult with local public health as needed for more information on the length of quarantine needed for specific situations.

C. An individual traveled outside the country or to an area with high incidence of COVID-19.

The need for travel related quarantine will be based upon restrictions set forth in Nebraska's current Directed Health Measures and/or CDC travel guidance in the absence of Nebraska Directed Health Measures. Currently all foreign travel results in a 14-day quarantine upon return. Individuals who travel to domestic areas with high incidence should consider their exposures during travel to determine if quarantine is necessary.

D. A person who is positive or suspected positive attends school or activity while having symptoms or within the 48 hours before symptom onset. *An individual can be infectious 48 hours prior to symptom onset.*

a. All close contacts and the person who is positive wore a mask

- i. If masks are worn properly (covering mouth and nose) quarantine will not be automatically recommended for close contacts. Close contacts may or may not be able to remain in school, depending on their risk level. All situations are unique, and further discussion with local public health is warranted.

b. Masks were worn by the person who is positive or suspected positive and by some close contacts

- i. If masks are worn properly (covering mouth and nose) quarantine will not be automatically recommended for close contacts. Close contacts may or may not be able to remain in school, depending on their risk level. All situations are unique, and further discussion with local public health is warranted.
- ii. Those who were not wearing a mask properly will quarantine and monitor at home.

c. A mask was **NOT** worn by the person who is positive

- i. All close contacts will quarantine and monitor at home.

E. A person who tests positive but is not symptomatic (asymptomatic positive) attends school or activity within 48 hours prior to collection of the positive test specimen.

- a. Follow the guidelines above in D. a., b., and c.

Northeast Nebraska Public Health Department

Adapted from North Central District Health Department